

**ADDITIONAL PATIENT INFORMATION**

Name		DOB	
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**ETHNICITY AND RACE IDENTIFICATION**

RACE	<input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> Other: _____ <input type="checkbox"/> I do not wish to share / respond	ETHNICITY	<input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino <input type="checkbox"/> I do not wish to share / respond
		PREFERRED LANGUAGE	

**PROVIDERS WHO CARE FOR YOU (PRIMARY CARE MD / NURSE PRACTITIONER / SPECIALISTS)**

	NAME OF SPECIALIST		NAME OF SPECIALIST
<b>PRIMARY CARE MD</b>	<i>Andrew M Romanowsky, MD</i>	<b>PHYSICIAN ASST</b>	<i>Eikatarine T Berube, PA-C Danielle J McGinty, PA-C Heather L Thyne, PA-C</i>
ALLERGY		OPHTHALMOLOGY	
CARDIOLOGY		ORTHOPEDECS	
DERMATOLOGY		PAIN MEDICINE	
ENDOCRNOLOGY		PODIATRY	
EAR, NOSE & THROAT		PSYCHIATRY	
GASTROENTEROLOGY		PULMONARY / SLEEP MEDICINE	
NEPHROLOGY / KIDNEY		RHEUMATOLOGY	
NEUROLOGY		UROLOGY	
OB/GYN		VASCULAR	
ONCOLOGY		OTHER	

**CHIROPRACTORS, ACUPUNCTURISTS, HERBALISTS AND THERAPISTS**

CHIROPRACTOR	
ACUPUNCTURIST	
HERBALISTS	
THERAPIST	
SOCIAL WORKER	

**OTHER SUPPLIERS / DME SUPPLIERS FOR OXYGEN, C-PAP, DIABETIC SUPPLIES, ETC.**

C-PAP	
DIABETIC SUPPLIES	
OXYGEN	

Today's Date: \_\_\_\_\_

Patient's Initials: \_\_\_\_\_

# ANDREW M ROMANOWSKY, MD LLC

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Tel: 978-458-1293

Fax: 978-458-6953

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

## ANNUAL LIFESTYLE QUESTIONNAIRE

Over the last 2 weeks, how often have you been bothered by any of the following problems? *Check off the most appropriate answer.*

<b>PHQ-9</b>	NOT AT ALL	SEVERAL DAYS	MORE THAN HALF THE DAYS	NEARLY EVERY DAY
Little interest or pleasure in doing things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling down, depressed, or hopeless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trouble falling or staying asleep, or sleeping too much	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling tired or having little energy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Poor appetite or overeating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling bad about yourself – or that you are a failure or have let yourself or your family down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trouble concentrating on things, such as reading the newspaper or watching television	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thoughts that you would be better off dead, or of hurting yourself in some way	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>GAD-7</b>	NOT AT ALL	SEVERAL DAYS	MORE THAN HALF THE DAYS	NEARLY EVERY DAY
Feeling nervous, anxious or on edge	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to stop or control worrying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worrying too much about different things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trouble relaxing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being so restless that it is hard to sit still	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Becoming easily annoyed or irritable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling afraid as if something awful might happen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

We believe everyone should have the opportunity for health. Some things like not having enough food or reliable transportation or a safe place to live can make it hard to be healthy. Please answer the following questions to help us better understand you and your current situation.

1. Have you had a fall in the past year?  
 Yes, with serious injury                       No  
 Yes, with minor injury                       Declined to Answer  
 Yes, with no injury
2. How hard is it for you to pay for the very basics like food, housing, medical care, and heating?  
 Very Hard                       Not Very Hard  
 Hard                       Not Hard at All  
 Somewhat Hard                       Declined to Answer
3. Within the past 12 months, you worried that your food would run out before you got the money to buy more.  
 Often True                       Never True  
 Sometimes True                       Declined to Answer
4. In the past 12 months, has lack of transportation kept you from medical appointments or from getting medications?  
 Yes                       Declined to Answer  
 No
5. In the past 12 months, has lack of transportation kept you from meetings, work, or from getting things needed for daily living?  
 Yes                       Declined to Answer  
 No
6. In the last 12 months, was there a time when you did not have a steady place to sleep or slept in a shelter (including now)?  
 Yes                       Declined to Answer  
 No
7. Did you have a drink containing alcohol in the past year?  
 Yes                       Declined to Answer  
 No

*If Yes:*

How often did you have six or more drinks on one occasion in the past year?

- |  |   |
|--|---|
| <input type="checkbox"/> Never             | <input type="checkbox"/> 2-3 times per week     |
| <input type="checkbox"/> Less than monthly | <input type="checkbox"/> 4 or more times a week |
| <input type="checkbox"/> 2-4 times a month | <input type="checkbox"/> Declined to Answer     |

How many drinks did you have on a typical day when you were drinking in the past year?

- |  |   |
|--|---|
| <input type="checkbox"/> 1 or 2 drinks | <input type="checkbox"/> 7 to 9 drinks      |
| <input type="checkbox"/> 3 or 4 drinks | <input type="checkbox"/> 10 or more drinks  |
| <input type="checkbox"/> 5 or 6 drinks | <input type="checkbox"/> Declined to Answer |

How often did you have a drink containing alcohol in the past year?

- |   |  |
|---|--|
| <input type="checkbox"/> Never                | <input type="checkbox"/> 2 to 3 times a week   |
| <input type="checkbox"/> Monthly or less      | <input type="checkbox"/> Daily or almost daily |
| <input type="checkbox"/> 2 to 4 times a month | <input type="checkbox"/> Declined to Answer    |